

“Building Our Sense of Community”

# Shelton State Courier

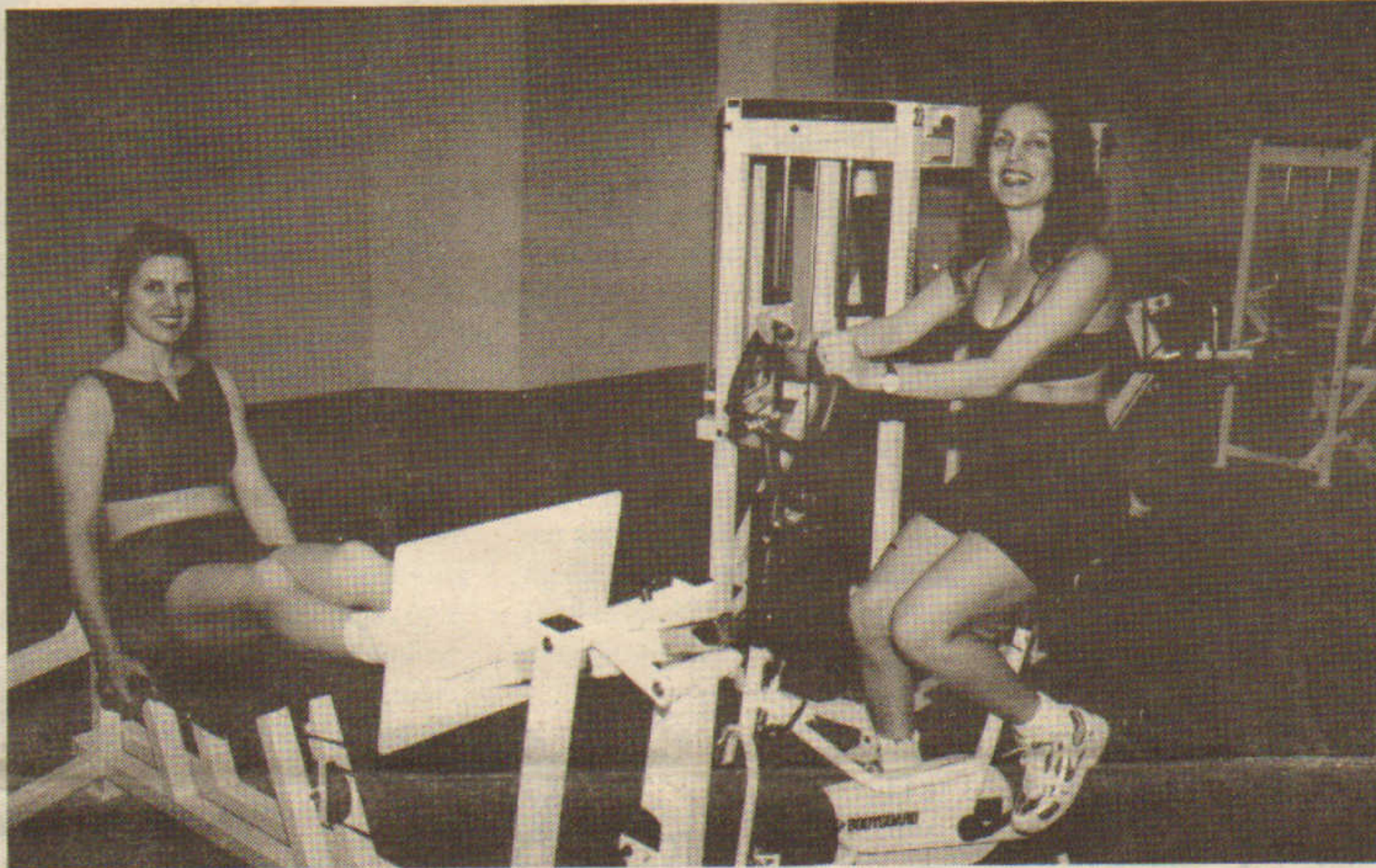
—Campus Newspaper—

New Series Vol. 2, Number 3

Shelton State Community College

Feb. 26, 1998-March 4, 1998

## Wellness!



Leah Green (L) and Dr. Milady Khoury-Murphy, director, welcome the whole community to take fitness classes at the Shelton State Wellness Center

By Stacey Turner

Enrolling in a fitness class in the Wellness Center at Shelton State could earn someone more than a better body. Like so many of the classes at the college, a fitness class could be a student's start on an interesting and lucrative career.

Besides teaching about health and getting more than a thousand students on the road to better conditioning, Director Dr. Milady Khoury Murphy and her assistant Leah Green are training 135 students for a career in fitness or personal training.

One such student and typical in her experience with the center is Kimberly Mathis. “The Wellness Center is a very beneficial part of Shelton. It's a great place to work out and meet new friends. I've enjoyed it so much I am now pursuing a career in this field.”

Students like Mathis know that fitness jobs are not only possible after college but are helpful during one's college career as well. According to Director Murphy an aerobics instructor can earn anywhere from eight to \$32 per hour. A personal trainer can earn from \$30 to \$50 per hour. Programs are

individually tailored by Murphy and Green, but to become an instructor normally requires about 12 classes at the Wellness Center.

For some 1,046 other students the Wellness Center located on the ground floor of the west concourse is a great place to go to relieve the pressures of life and tone their bodies.

With 43 student classes, five senior classes and one faculty-staff class, Murphy and Green make sure

Wellness cont'd on pg. 3

## Are Englewood and Taylorville anything but names on signs?

Third in a Multiple-Part Series About the Environs of the College

By James A. Crawford II

Long resisting the encroachment of the city and its business interests, Taylorville has for many years been a quiet community with all the country aspects Southerners love—the wide open spaces and the meadows outlined by old-growth trees. In the last few years, though, the picturesque scenes are becoming more scarce.

The community still tenuously referred to as Taylorville has one of the richest and most elusive histories in Tuscaloosa County. The exact origins of which are still shrouded in mystery.

Numerous trips to both the public and the University Libraries have revealed that the community

grew up around the road now known as Old Greensboro Road.

Old Greensboro Road can itself claim a picturesque history.

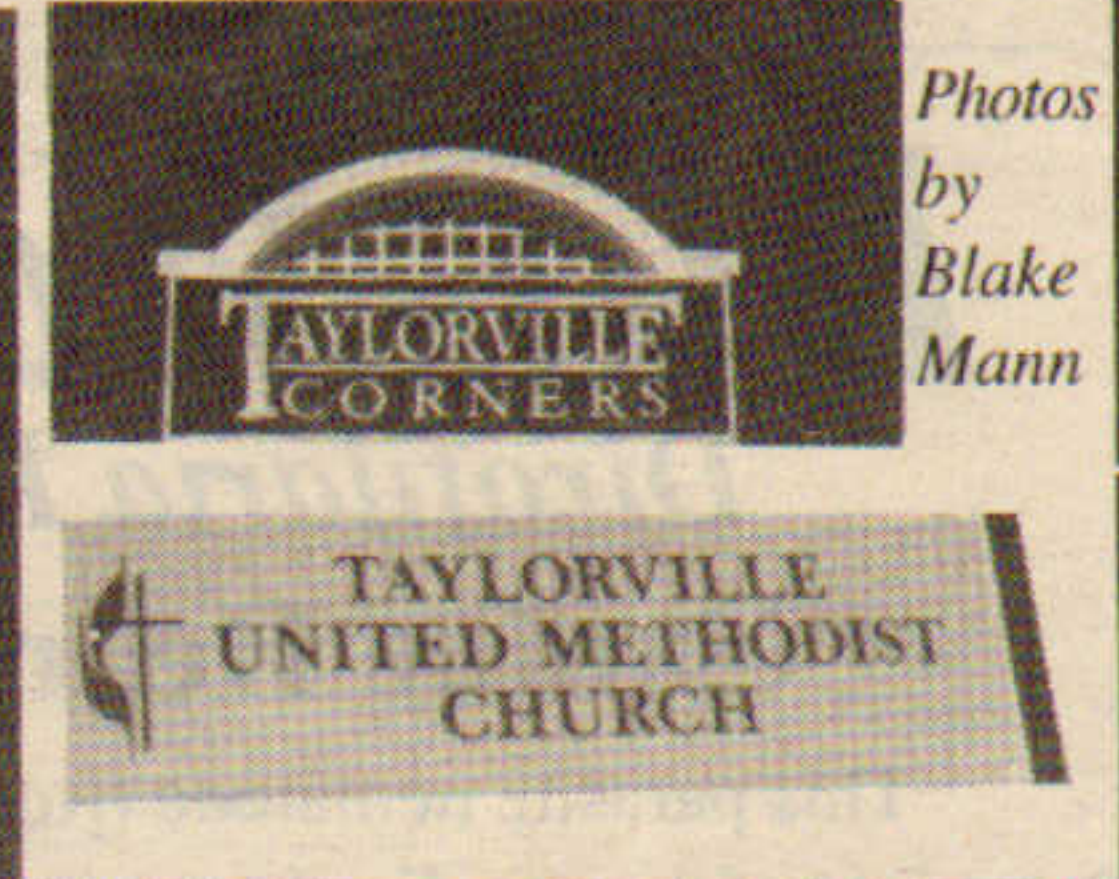
Excerpts gathered from the late high school teacher and county historian Matt Clinton in his 1979 book *Matt Clinton's Scrapbook*—and subsequently confirmed by the Tuscaloosa Genealogy section at the public library—reveal that the road was originally an Indian path known as the Cherokee Trace.

This path led from what was to become the city of Huntsville all the way down to what would later become Greensboro.

The Genealogies Collections record that it was a major trade route used by the Indians and was the South's first feature of historical significance.

John Coffee, the main lieu-

Names, Cont'd on pg. 3



Photos by Blake Mann

### Sheltoniana Which Can Be Found Nowhere Else Inside

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### Future Issues

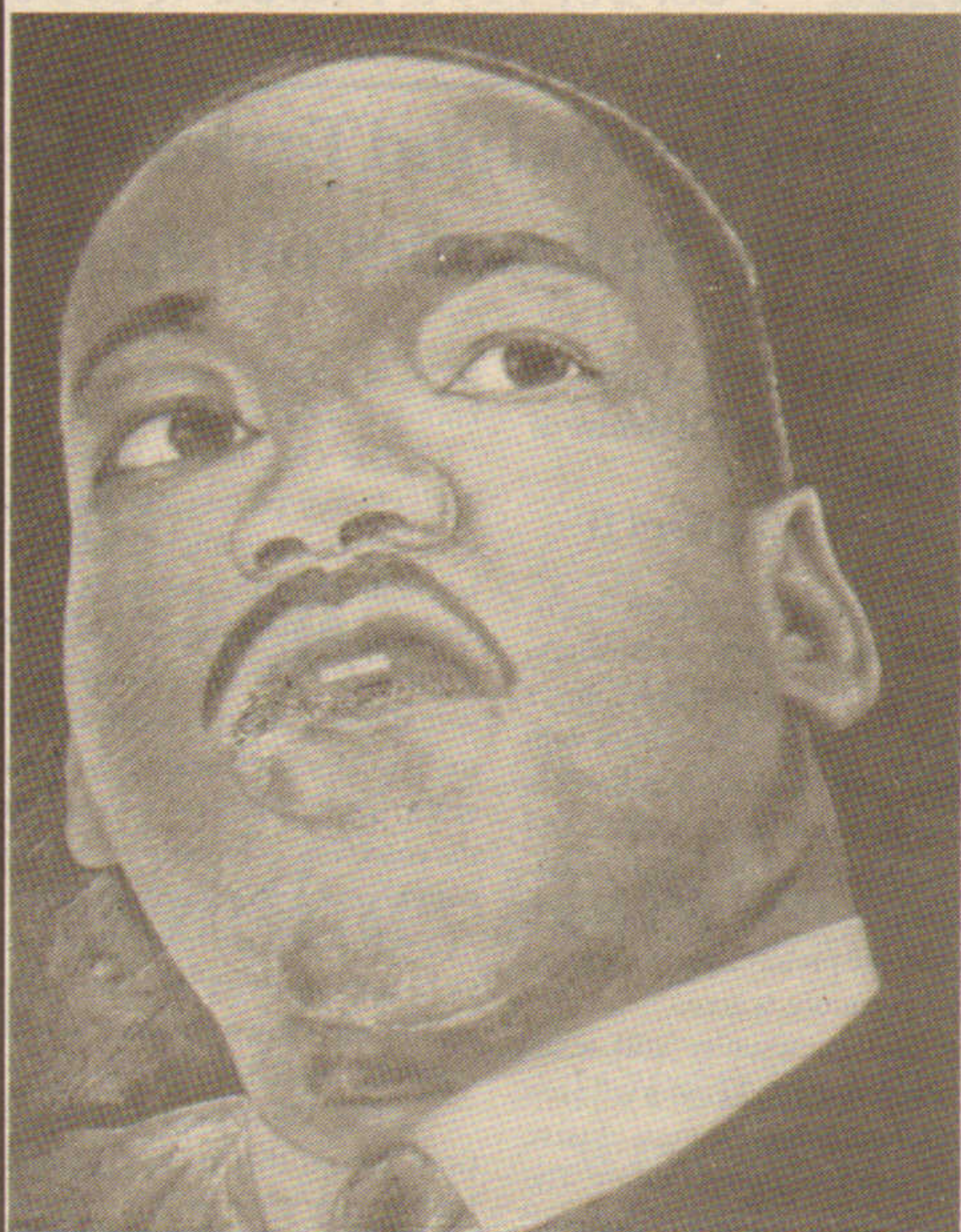
The *Courier* looks forward to 8 more issues during the spring and summer semesters. Let us know what you would like to know about Shelton by calling the publisher at 391-2278.



Hey, Dr. Rogers! Assistant to the President Rick Rogers had one of his hardest assignments lately: telling visitors from nearby Englewood Elementary about Shelton State—and keeping them entertained



# Editorial Page



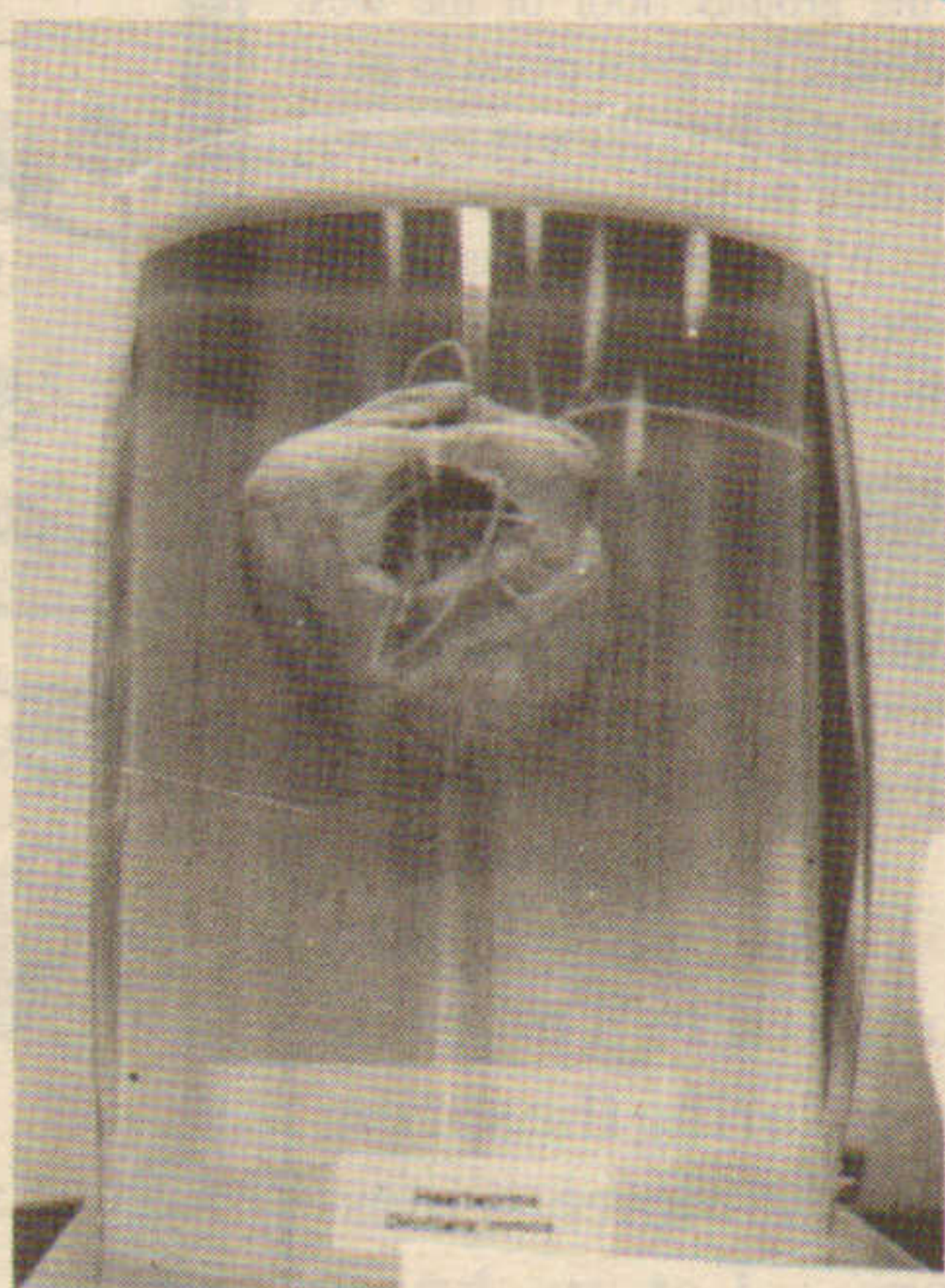
Black History Month ran through February. The Courier closes this month of recognition with a photograph of a portrait of Martin Luther King Jr. hanging in the museum in Atlanta. Photo by Debra Hill

## Sheltoons by Debra Hill



## Bio-Watch *Dirofilaria Immitis* "Canine Heartworms"

This parasite nematode (Roundworm) infects a variety of mammalian hosts, including dogs, cats, seals, and humans. The worm is contracted through the bite of an infected mosquito. Mass infestations of both adult and larval forms can cause physical malfunctions of the heart valves. An estimated 45% of dogs in the southeast are infected with heartworms. Biology instructor Chris Haynes displays a new creature every week for the students to learn more about the earth's creatures. Visit Haynes's office to see what he has this week.



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### Shelton State Courier

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The Shelton State Courier is a "campus newspaper" written and produced with the help of students. It is intended as a vehicle for student expression and

all students are urged to participate with submissions of written and artistic material.

The college seeks to fulfill the statement for academic freedom in working with the students in the production of this paper. "The college seeks to provide an atmosphere conducive to open and honest intellectual inquiry in any college forum which is appropriate for dialogue and student participation. The students should feel free to exercise the right to dissent within limits of decorum and good taste."

All publications are subject to review by the Publications Action Group, which has been delegated the responsibility to review all college publications for content and accuracy.



**Names cont'd from pg.1**

tenant under Andrew Jackson during the Creek Indian wars, enlisted the aid of his chief scout, the renowned woodsman Davy Crockett, to venture into Creek territories to gather information about movements.

It was during this scouting expedition that Davy came across the trace and reported it back to Col. Coffee. His report of the well-traveled trace led to its development as the South's first major trade route for settlers.

Goods were brought up the Black Warrior river to the falls which used to roar next to present-day downtown Tuscaloosa and were then transported up the trace to Huntsville or down further south to Greensboro, which was at that time somewhat of a trade intersection.

This trade route became known as the Huntsville Road and, later on, a section of the road was to



According to Lynn Spiller this tree on his family homestead marks the site of the first school building in Taylorville-Englewood  
Photo by Blake Mann

become what is now known as the Old Greensboro Road.

In 1822 the route was proclaimed by the state legislature to be a public highway.

By then early settlers such as

Elias Payne and a group of slaves that journeyed with him and the first group of Spillers had already staked claims down the length of the road and the formation of the rural community Taylorville had

begun.

Later, after the introduction of the Kaul railroad, which brought in migrant workers settling near the tracks, its neighbor community Englewood was formed.

It is still a mystery as to how the community came to be known as Taylorville. Mrs. Mary Way, a lifetime resident reflects the overall opinion of the residents she recalls, "As far as I can remember it's always been known as Taylorville. I think it was named after one of the early Taylor families that settled here, but I never knew for sure."

Another resident of the area and history buff was the only person interviewed out of more than a dozen local residents with a probable answer. Jim Glass states, "When I was a young boy, I remember asking my grandfather once about the name Taylorville and he told me it was taken from a blacksmith named Taylor who had a shop where the entrance to Manora Es-

tates is now, that's the only story about the name I ever heard."

Records at the public library indicate two families of Taylors being settled in the area before the civil war and could likely be the source of the name."

Reasons for why this dedication would have taken place are unclear and attempts to confirm this belief have been unsuccessful.

One of the heads of the family was reported to possibly being a blacksmith of sorts after retiring as a soldier and this fact may lend credit to Glass's theory of the community name.

The second community to form along the Greensboro Road was named Englewood. According to Mrs. Amelia Carroll and Mrs. Pat Crawford, who co-sponsored a brief video documentary on the area, "The name Englewood derived from a legend of an Englishman who while

**Names cont'd on pg 11**

**Wellness!  
cont'd from pg. 1**

there is a class time scheduled for whenever a student can make it in.

The outgoing, constantly promoting Murphy is passionate about the concept of wellness and fitness and urges everyone to find a class to fit him or her. "In order to enjoy a class you've just got to like exercise—or think it's fun to get together with other people for some activity. It doesn't matter at all what your body looks like!"

Among the students—college-age to seniors—Murphy is known as the gentle encourager and Green is the more stern taskmaster who—mostly though tireless example—prods people to achieve the highest level of conditioning possible.

Both Murphy and Green, though, agree on the necessity of constant promotion of not only health among their clientele but of the Wellness Center itself. Many such centers have closed after a few years of operation because, according to Murphy, they did not pay attention to the "bottom line."

Shelton's center was one of just two successful wellness centers profiled in the quarterly newsletter of the Community College Wellness Consortium in the summer of 1996.

The newsletter explains what Murphy has managed to establish at Shelton. "There is a full body of research, with more arriving daily, validating the benefits of corporate (campus) wellness centers in increasing productivity, reducing ill-

ness and absenteeism, decreasing health care costs, etc. This is good news to an administration who operates on limited resources. The person beginning a wellness program should make his/her pitch based on not only the benefits to

individual health and campus moral, but on long term financial benefits to the institution and the state."

The newsletter also outlines with admiration the full range of Shelton's wellness infrastructure: "Milady's program includes a vari-

ety of populations; senior adults, non-students from the community, corporate clients, public sector employees, faculty and staff on campus, and the traditional college student. The Shelton State program offers credit and non-credit classes

in wellness. The also offer a two-track degree program in wellness, one with an emphasis in business and the other with an emphasis in science. The Associate in Applied Science Degree is an off-shoot from

**Wellness cont'd on pg. 10**

**Personal Banking Is Just Around The Corner From Shelton State.**

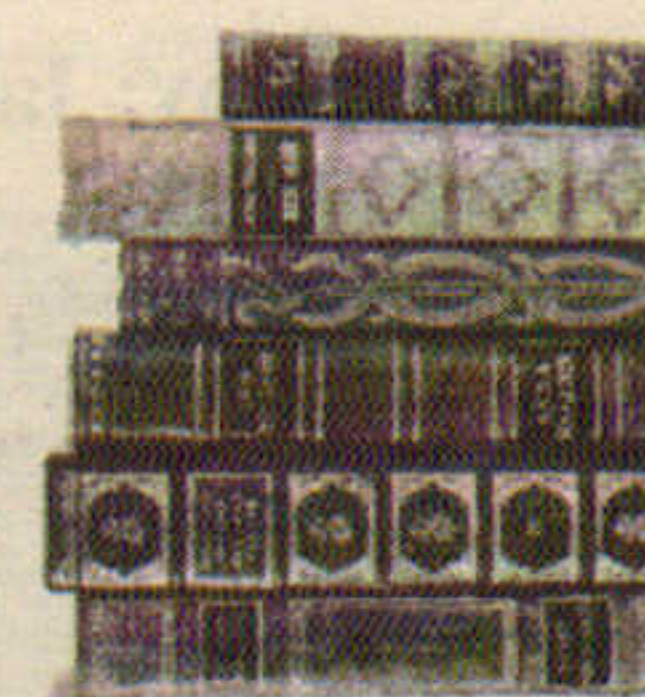


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**Astrologer Madam Sosostros Presents a Special Two-Week  
Horoscope Exclusively for Shelton State Students**

**ARIES** (March 21-April 19) Your assertive nature helps you accomplish a goal that you've been striving for. Just don't be so gung-ho that people think you are an insensitive lug.

**TAURUS** (April 20-May 20) Charismatic best describes you this month. People are clamoring to be around you. Don't let it go to your head. Be kind to that shy wallflower that worships you from afar.

**GEMINI** (May 21-June 20) Your diligence pays off. Those hours you've spent with your nose to the grindstone shows in your grades. Keep up the good work.

**CANCER** (June 22-July 23) Neptune leaves your partnership house and messes with your head as well as your heart. Just remember, everything is not always as it seems. Proceed cautiously.

**LEO** (July 24-Aug. 23) Your usual optimism disappears for a short time which worries those close to you. Remember that things always look better in the morning.

**VIRGO** (Aug. 23-Sept. 22) With Jupiter in your opposite sign, your world just seems to be turning somersaults. One day you are content, the next you are ready to move on. Look at things with your normal level headedness and it should all turn out OK.

**LIBRA** (Sept. 23-Oct. 22) Feeling bored and ready to get on with your life is normal for you right now. It's just the premillennial syndrome. Expect a little excitement toward the first of March, and you'll be back in the groove.

**SCORPIO** (Oct. 23-Nov. 21) You are in a domestic mode, and ready to show off your skills. Have some friends over and cook that gourmet meal. On the romantic front, use caution. Your secret rendezvous could backfire if you aren't very discreet.

**SAGITTARIUS** (Nov. 24-Dec. 21) Curling up with a good book seems to be all you want to do as the cold winter days drone on. Do it! Just around the corner, you won't have time, because you are going to be so busy. Relax now, you'll need it.

**CAPRICORN** (Dec. 22-Jan. 19) It's time to clean out those closets and discard anything that you don't use. This goes for your relationships too. Maybe it's time to move on and invest your time in someone who will appreciate you.

**AQUARIUS** (Jan. 20-Feb. 18) Buckle down and apply yourself. You'll be glad you did next month when you want to take some time out for a little R&R. Be extra careful with your health. You could be in for a few days of feeling badly.

**PISCES** (Feb. 19-March 20) Your romantic side's especially active now. Show that special someone just how loving you can be. You will be rewarded for it.

## Looking for a weekend cultural getaway? Try... Jackson, Miss

By Matt Mondzelewski

Within a three-hour drive from Tuscaloosa there is a cultural resource that is starting to knock the socks off the seekers of culture in the Southeast.

The Mississippi Arts Pavilion in Jackson, Miss. has just scored its second knockout in a row by landing another one-time, one-place exhibit.

The "Splendors of Versailles" exhibit will run from April 1 through Aug. 31 in downtown Jackson.

This exhibit follows on the heels of the fabulously successful "Palaces of St. Petersburg: Russian Imperial Style" exhibit held last year in the same locale. That show pulled in some 500,000 visitors.

The question, of course, begs to be asked of just how such a Deep-South venue has managed to become the exclusive exhibitor for such sought-after events.

The answer seems to be that someone in the state—the Mississippi Commission for International

Cultural Exchange—has sagely bet the farm on the idea that nearly everyone in surrounding states will come to theirs to see a museum

are sculptures, paintings, bronzes, clocks, carpets, tapestries, jewelry and porcelain. All of these objects of art are associated with the history of this internationally acclaimed chateau and its renowned owners.

Highlights of the exhibition will include the famous portrait of Louis XIV by Hyacinth Rigaud, a recreation of a royal bedchamber, a gallery of Gobelin tapestries from 'The History of the King series,' the 'Creation of the World Clock' and Versailles' replica of the dazzling diamond necklace of Queen Marie Antoinette.

"A specially commissioned replica of 'The Equestrian Statue of Louis XIV by Gian Lorenzo Bernini, the famous Italian sculptor of the early baroque period, will serve as principal focus of the exhibition."



Carol Bussey, history instructor at Shelton State holds up one of the program brochures for the Jackson, Miss. exhibition of the "Splendors of Versailles." She says she wouldn't miss this "exciting one-time, one-place exhibition" and urges other Shelton people to make plans to attend as well.

show—if it's good enough.

This show promises to have such appeal. The lavish promotion material sent out promises much: "The exhibition consists of more than 150 objects from the collections of the National Museum of the Chateau of Versailles. Among these

## Q&A: How do you feel about the United States bombing Iraq?

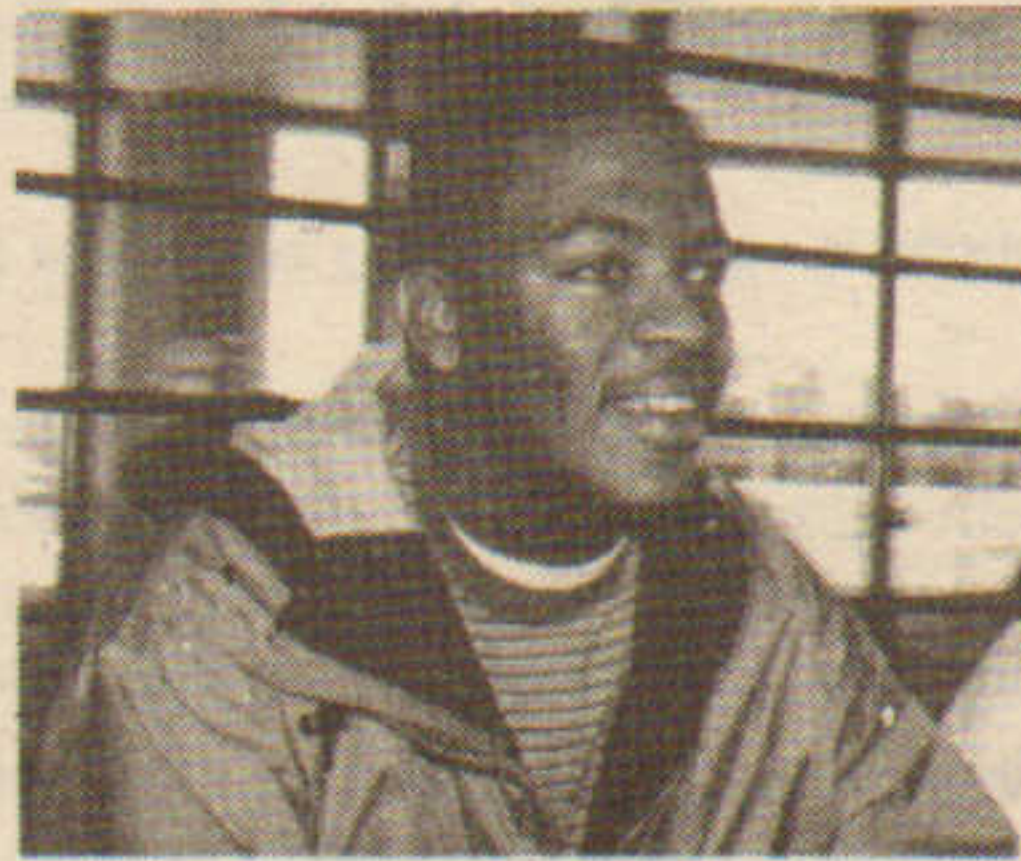
Interviewed by: Jason Smith

Photos by: Blake Mann



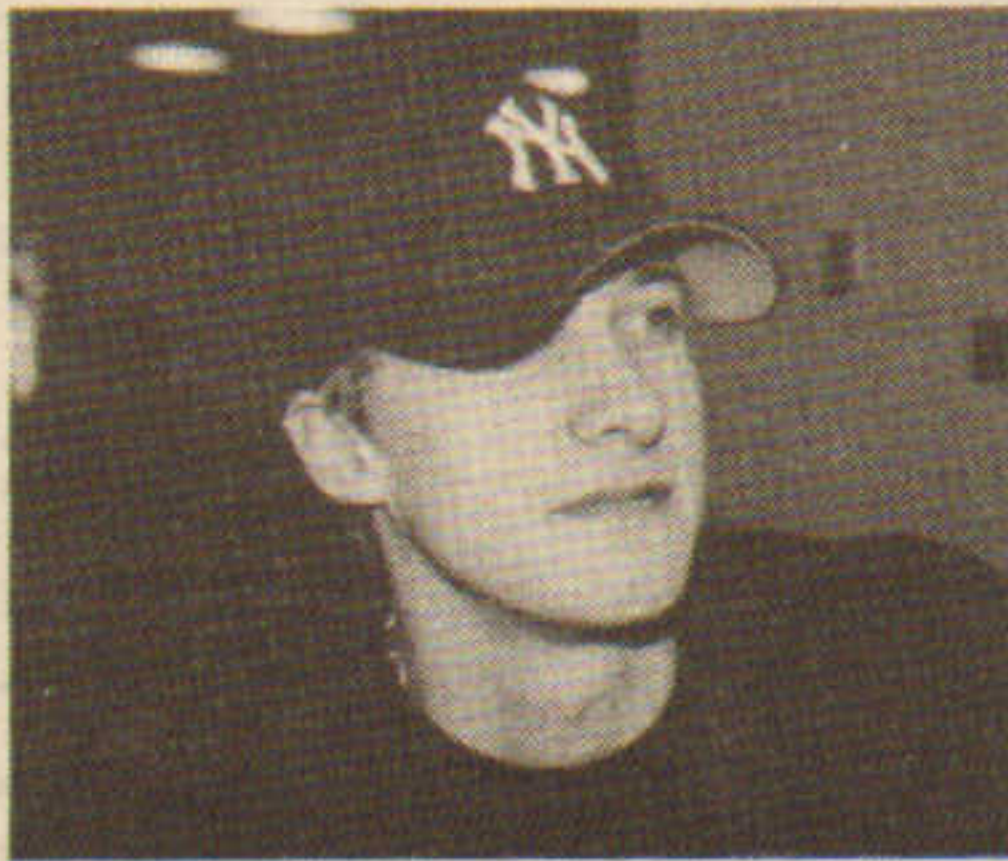
**J'Varra McCall, Fresh.,  
Montgomery**

"The U.S. gave Saddam a chance to redeem himself and his country, but Saddam never once thought of changing. I think the U.S. should go into Iraq and destroy Saddam.



**Kenneth Thomas, Fresh.,  
Tuscaloosa**

"I feel that what goes on in another country is not the United States' business. We have enough problems here in the U.S. such as: unemployment, homelessness, and crime. Therefore, I feel there is no need for the U.S. to try to deal with anyone else's problems."



**Luke Bell, Fresh.,  
Tuscaloosa**

"I feel that bombing the people of Iraq is wrong. Saddam is taking his people's money and building places for his own purposes. If we keep bombing the people, Saddam will just keep doing what he is doing now. The only real solution is to bomb Saddam."



**Melissa Beard, Fresh.,  
McCalla**

"I feel that the problems we have today, in our country, are just as important as the problems we have with other countries. Although, if the problems are big enough in these other countries, go ahead and take the actions to solve it."



**Darril Moore, Fresh.,  
Birmingham**

"I think the United States should not bomb Iraq. We are always talking about stopping violence when our own president is starting a war. I think we should keep the peace."





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### Tanner & Guin, This is Your Atrium

During a ceremony on Monday, Feb. 16, the atrium of the Martin Campus of Shelton State Community College was officially named the Tanner & Guin L.L.C. Atrium in honor of the local law firm. Tanner & Guin L.L.C. has been a long-time supporter and friend of Shelton State and many of the firm's employees are Shelton State alumni. This honor was given to Tanner & Guin in recognition of their dedication to the preservation of education in the Tuscaloosa community. Members of the firm gathered in the atrium during the dedication were (L-R) Howard Neiswender, Bruce Henderson, Bert Guy, Bruce Ely, Kim Ingram, Jay Guin, and Shelton President Tom Umphrey.

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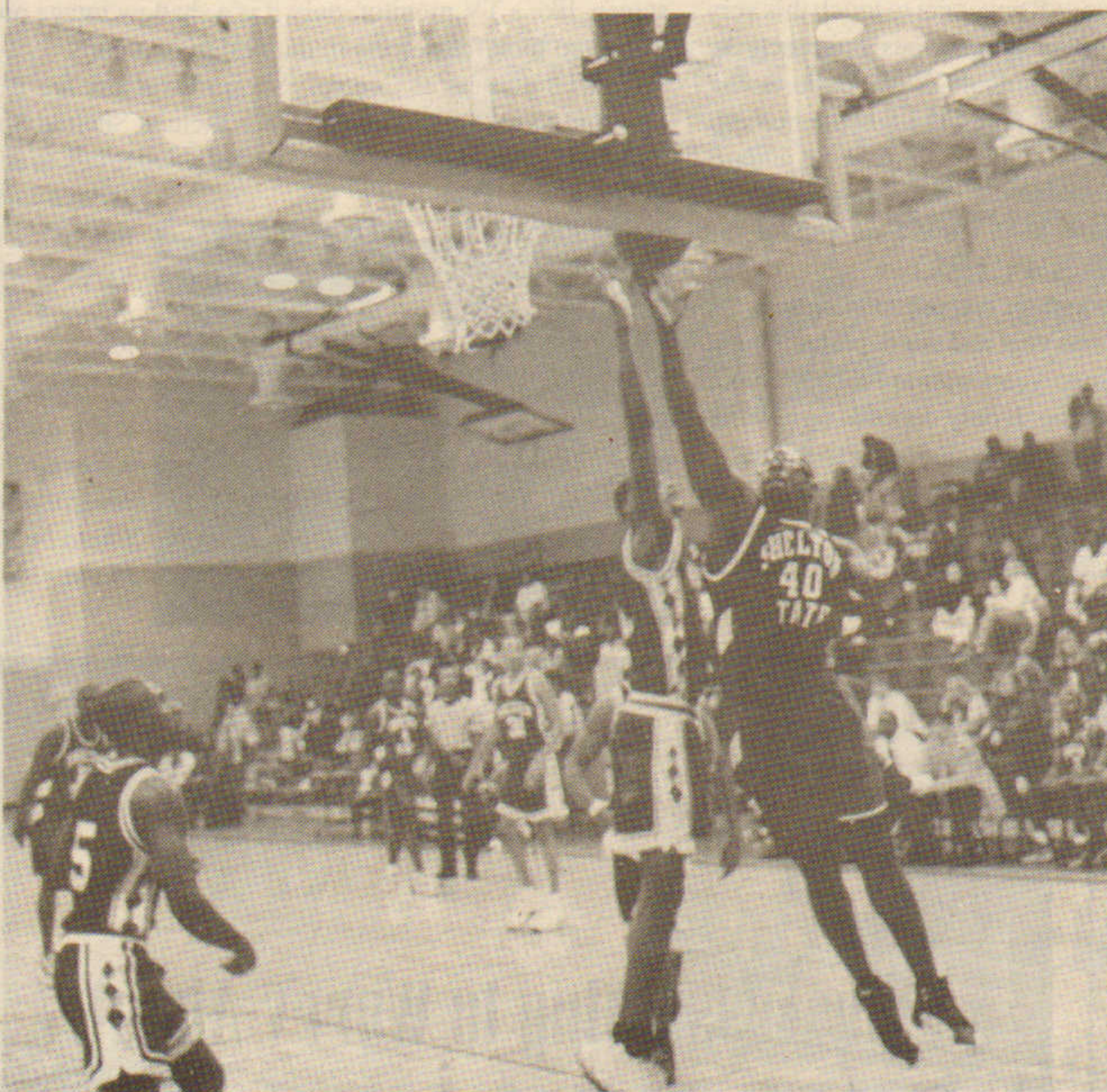
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\$1.99 per person  
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## Will last-game loss affect momentum?



An argument broke out among the coaches of the Shelton State men's basketball team after the recent loss of the last game of the season to Lawson 78-74 on Feb. 23 at home.

Head Coach Mark Cornelius felt that any loss is a bad loss, and he hated to lose the last one. But Cornelius says one of his assistants disagreed. "He argued that we couldn't be expected to win 10 in a row which is what we would have had to do to win the state tournament. We had a winning streak of five games going into the last game and he made the case that we needed a breather to take the pressure off before going into the tournament."

Coach Cornelius believes the Buccaneer squad has a realistic chance of being the dark-horse winner of it all. "We've played

awfully well of late. We had a soul-searching meeting after our loss to Lawson at their place and the kids have really responded well. They have played extremely hard, and I am very proud of them."

Cornelius says the layoff before the start of the tournament on March 5 could hurt them and they plan to do some things to counteract that problem.

"We will not just work them with boring drills the whole time. We'll have some scrimmages and some other things to keep it interesting for them as well as me."

Shelton State finished the regular season with a 14-11 overall record and a 9-8 conference record. The tournament will be held in Selma.

## Women remain cut-throats at home



The Lady Buccaneers have not been very "ladylike" to their opponents at home this season; as a matter of fact, they've acted more like the pirates they are named after—a bunch of cut-throat buccaneers, indeed.

The team finished with an unprecedentedly successful 16-11 record overall, but it was their 11-1 home record that has even eyewitnesses scratching their heads in near disbelief.

Head coach tab Jefferson was one of the few who can honestly say he hasn't been shocked by the complete turn-around for a squad that could never muster more than a paltry few wins per season until now. And even he will admit he has been pleasantly surprised.

After the blowout of the Lawson State women 71-45 on Feb. 23, Jefferson

chronicled how he had to keep ratcheting up the goals for the team as they met one after another during the season. "We first wanted to win more games this season that the program had ever won altogether previously. When we did that we had to set our sights even higher. There is no team in this tournament that we haven't beaten at least once, so there is no reason why we can't have as good a chance as anybody. All we need to do is get a break here or there—a lucky call, a lucky bounce, a shot that falls at the last second, that sort of thing."

As elated as the coach is about this season, he is even more upbeat about the next. "These ladies are just now learning how to win."

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# Numerical Control is the classic hands-on-with-clean-fingernail program

## A School for Thought...

*This is the first of a series of articles which will outline some the little-known or more unusual courses of study at the college*

By Linda Garner

Everything is being computerized these days. And that is what happened to the machinist.

Most people do not realize that the job of a machinist is critical. Most manufacturing processes depend on a skillful machinist. Without this worker, a lot of factories would shut

Mercedes Plant, but he or she will never get to touch this very expensive equipment. However, the curious can touch the machines in Shelton State's Numerical Control Department.

Besides just seeing the machines, though, the numerical control department suggests students think about acquiring the skill to operate the machinery. "The average salary for this job starts at \$9 an hour," said Steve Fair, one of the instructors.

He said the job opportunities are outstanding too. "A good machinist can train in one year and our department will get him a job, but in just two years you are through your course in Numerical Control, too. It only depends on how far you want to go and how much money you want to make."

Fair said there will always be a demand for the regular machinist, but Numerical Control is really growing. Fair said, "the machines in CNC are becoming more user-friendly,

screen, like a TV monitor, only it is a shadow image profile. This is to look for defects in the design of a part.

The numerical Control Shop instructors are Ronnie Guy and Steve Fair. You can reach them at Shelton State at 391-2441. They say they would be delighted to talk to anyone about a career in this field.

*Steve Fair adjusts the controls on one of Shelton's advanced numerical control devices*  
Photo by Blake Mann



*Students (L-R) Tyrone Heard, Alan Gibson, Jeremiah Johnson, and Lab Assistant Tony Richter take instruction from Instructor Ronnie Guy. Photo by Chris Bailey*

down, parts for crucial engines, such as cams or gears, would be hard to get.

In numerical control, the machine, such as a lathe— a machine that cuts metal— is not just lathe, it is a computerized lathe. The machinist not only must know how to make the part now, he must know how to make all the correct calculations to effectively program the computer to make the part. Once he has mastered this skill, this makes his job a lot easier and much faster. The machinist has to have this critical training to complete with the demands of the computer age.

This new and exciting field is wide open and needs people with the ability to learn these tasks.

You would figure that the new Mercedes plant has some of the latest Numerical Control machines. But you may be surprised to know that Shelton's own Numerical Control Department has five machines that are less than two years old. Anyone can go on a tour at the Visitor's Center of the

just like the personal computers. They get faster and have more capabilities. The job market is outstanding. A student who applies himself can land a very good job. Jobs are plentiful and the outlook is good for quite awhile. That's true in Tuscaloosa and throughout the southeast."

The coordinate Measuring Machine in CNC is used for Quality Control. These machines measure the parts to make sure the part meets specifications. The Optical Comparator throws an image on a



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## Shelton Foundation offers various and multitudinous scholarships

The Shelton State Community College Foundation is an organization that supplies help to the college through private funding. Each year the foundation awards 17 different scholarships.

Be aware there are certain requirements for the recipients. One must maintain a 3.0 grade point average and participate in the honors night program May 8.

Applications can be picked up on the Martin Campus counseling center, financial aid office, or the foundation office. Deadline for submitting the completed application is 12 noon, Friday, March 27, 1998.

The scholarships will be awarded for the up coming year (summer, fall and spring semesters).

The scholarships that will be awarded are as follows:

**Accounting-Jamison, Money & Farmer (\$500)**

\$250 a semester for two semesters for a dependent of a JMF employee

**Alexandre Adult Studies (\$800)**

\$400 a semester for two semesters to a person 35 years or older

**Wayne Boteler (\$500)**

\$250 a semester for two semesters to a full-time LPN student

**Compass Bank (\$700)**

Business related courses for a Compass employee and a Shelton student for two semesters

**C.A. Fredd Endowed Scholarship (\$2,000)**

\$500 a semester for two semesters to high school graduates from the West Alabama area for these technical programs: Auto Body Repair Technology, Automotive Mechanics Technology, Commercial Art, Graphic Arts & Printing Communications, Commercial Food Service, Construction Technol-

ogy, Landscape Management, and Respiratory Therapy. Two scholarships annually at \$1,000 each.

**Belinda Hughes (\$500)**

\$250 a semester for two semesters to a 25 to 45 year old female student

**Harold James Technical Scholarship (\$600)**

\$300 a semester for two semesters to a student enrolled in the technical division

**McAbee/Southern Heat Exchange (\$450)**

\$225 a semester for two semesters to a student enrolled in the drafting program

**Machine Shop (\$750)**

Awarded for machine shop students.

**Carla Mathews (\$500)**

\$250 a semester for two semesters to a Tuscaloosa County High graduate in full-time nursing students

**National Association of Women in Construction (\$1,000)**

\$500 for one semester for

two students working toward a degree in construction-related course of study

**New Options (\$385)**

Awarded to students enrolled in the New Options program

**Presidential (\$500)**

\$250 a semester for two semesters to a full-time student

**Mabel Harris Spanish Scholarship**

Summer studies in Mexico

**Dr. and Mrs. John Todd III (\$700)**

\$350 a semester for two semesters to a full-time student

**West Alabama Health Council (\$5,000)**

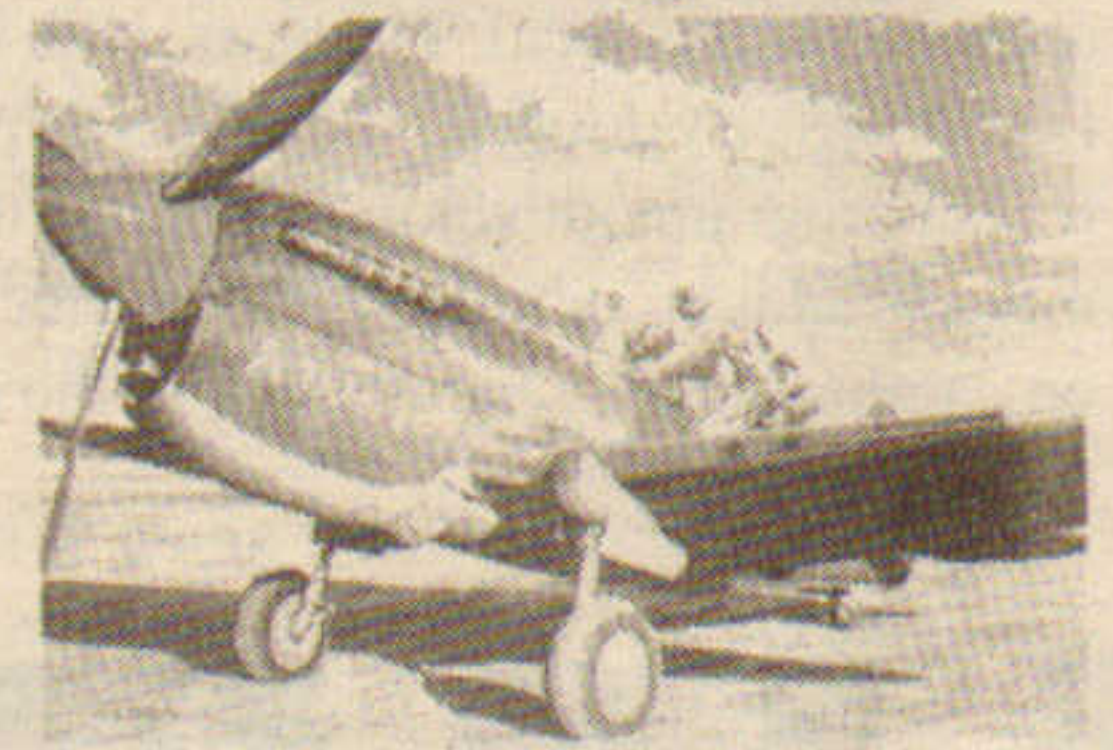
\$500 a semester for two semesters for five recipients for full-time health related studies

**Williams Golf**

Full-time golf-team student

## Airman Flying In for a Visit!

### A-TRAIN Memoirs of a Tuskegee Airman



Lieutenant Colonel Charles W. Dryden

Lt. Col. Charles Dryden will visit Shelton State on the fly Thursday, Feb. 26 at 9:30 a.m. in the Recital Hall, part of the theatre complex in the east concourse. Dryden's experiences as one of the first black fliers for the Army Air Corps offers interesting insights into the people and culture of the United States. His lecture is the last event on campus for Black History Month.



Instructor Nuwan Suriyagoda

## Learn Chess!

Instructor: Nuwan Suriyagoda  
Intermediate Chess

This semester the students of Shelton have an opportunity to learn an ancient game of skill and strategy. Nuwan Suriyagoda, a professional instructor from Sri Lanka, will be teaching an intermediate chess class the time of which is still to be announced. Nuwan will be receiving his Expert rating from the US Chess Association this April first. The class will provide the student with a basic knowledge of chess and an insight into its strategy. The class will be one hour a week in the evening. To get more information, contact the continuing education office on the New Campus.

The class will provide the student with a basic knowledge of chess and an insight into its strategy. The class will be one hour a week in the evening. To get more information, contact the continuing education office on the New Campus.

## Review: The Apostle

By Brian Roberts

The film that the major movie studios were afraid to make has now touched the heart of America. After 13 years of fighting studios to make *The Apostle*, film legend Robert Duvall took matters into his own hands and produced the film that he also stars in, wrote, and directed.

The story of Euliss "Sonny" Dewey (Duvall), a Pentecostal preacher in Texas, *The Apostle* draws viewers into the characters and storyline with a realism that no other movie made during 1997 had. Originally released on a limited basis Dec. 17, it is now showing daily at Regal 12 Cinemas at 1 p.m., 4 p.m., 7p.m., and 9:45 p.m.

Sonny is living a perfect life until he finds out that his wife Jessie (Farrah Fawcett) is having an affair with another man. As a minister, Sonny is unsure how to handle his anger, and his internal struggle ends with him killing his wife's lover with a baseball bat. Fearing the repercussions of the crime he has committed, Sonny flees his home and wanders into the tiny Louisiana town of Bayou Boutte.

In his new home, Sonny sheds his old name and becomes The Apostle E.F. To earn money he takes a job as a mechanic for Elmo (Rick Dial, *Sling Blade*), who also owns the town radio station. He then meets Reverend Blackwell (John Beasley, *Rudy*) and con-

vinces the retired minister to help him found the church, "The One Way Road to Heaven." With Elmo's help promoting the church on the radio, the church rapidly grows.

Over the course of the film, as Duvall's character transforms from Sonny, to The Apostle, and back to Sonny again, we see a development in his own personal spirituality. Through the strange course of events that have taken place, he has discovered not only who he truly is, but who he wants to be.

Duvall gives a commanding performance that has earned him an Oscar nomination for best actor. A veteran of films for four decades, Duvall got his start in movies playing Boo Radley in the 1962 film *To Kill A Mockingbird*. He received best supporting actor Oscar nominations in 1972 for *The Godfather* and in 1979 for *Apocalypse Now* before being honored with the Oscar for best actor in 1984 for *Tender Mercies* and the Golden Globe for best actor in the 1989 television mini-series *Lonesome Dove*.

The characters in the film are deeper than in most films because they are real. Their emotions and development as people are clearly seen. The acting is believable and forceful, which allows the viewer to not only see the characters change out-

Review cont'd on pg. 10

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                         |
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## Wellness cont'd from pg. 3

the Management and Supervision Degree offered by the College. This degree prepares students in the area of sport fitness management. They also offer the students a Certificate Program in Exercise wellness Instruction, which prepares students to be exercise instructors and/or personal trainers."

Murphy's indefatigable effort in promoting the Wellness Center are legendary throughout the Tuscaloosa community. The Consortium newsletter chronicled some of them. "Milady often appears on the local TV news with health and fitness tips. By doing so she drums up participants for her programs, develops support in the community and adds credibility for her wellness program on campus and for her college in the eyes of the community at large."



During Dedication Week for the new campus, the Wellness Center held several fitness classes in the atrium at Shelton State

One of the person who takes classes from the community is Tita Shell. She has been coming two to three times a week for almost two years, and she has a succinct explanation for the popularity of the Wellness Classes. "Milady is just nice and fun to be around," Shell says. "She makes a point to know everybody's name and to greet them when they come in."

"I know there is one woman in our Tuesday class who is 73 and has been taking a class with her for about 15 years. She wouldn't miss for the world!"

"I feel the same way, too. I just love it!"

## Sodexho Puzzler

By: Chris Bailey &amp; Ashley Arthur

The words for this puzzle are taken from this issue of the *Courier*. Submit completed puzzles at the box in the atrium to be entered into a drawing for a free lunch at the new Sodexho food court.

Name: \_\_\_\_\_

Ph. # \_\_\_\_\_

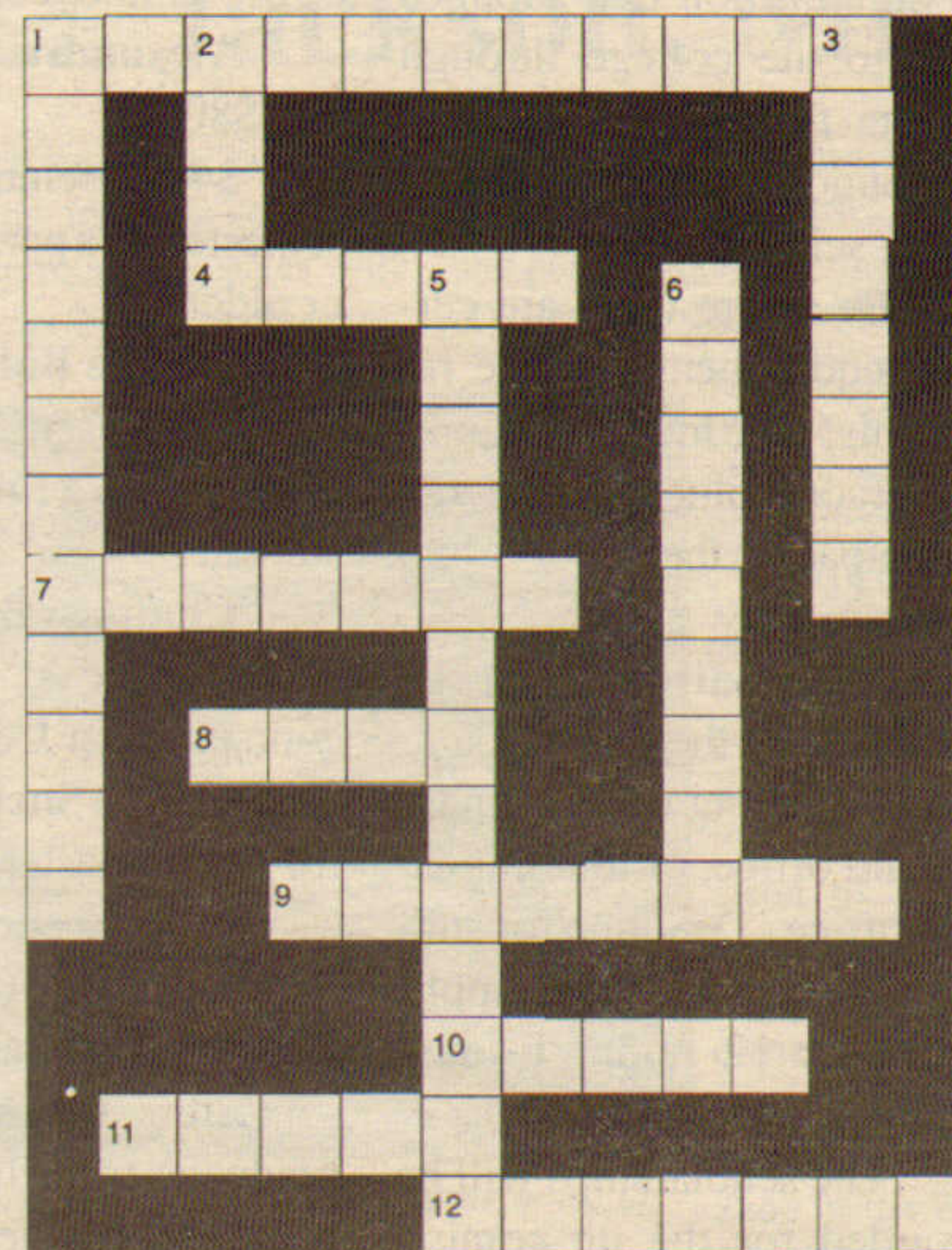
Deadline is Friday,

## ACROSS

1. Activity supported by Shelton Foundation
4. Numerical control author Garner
7. Shelton State president
8. Courier pollster
9. Firm benefiting from Shelton training
10. Wellness Center instructor
11. What you win with this puzzle
12. Title earned at Wellness Center

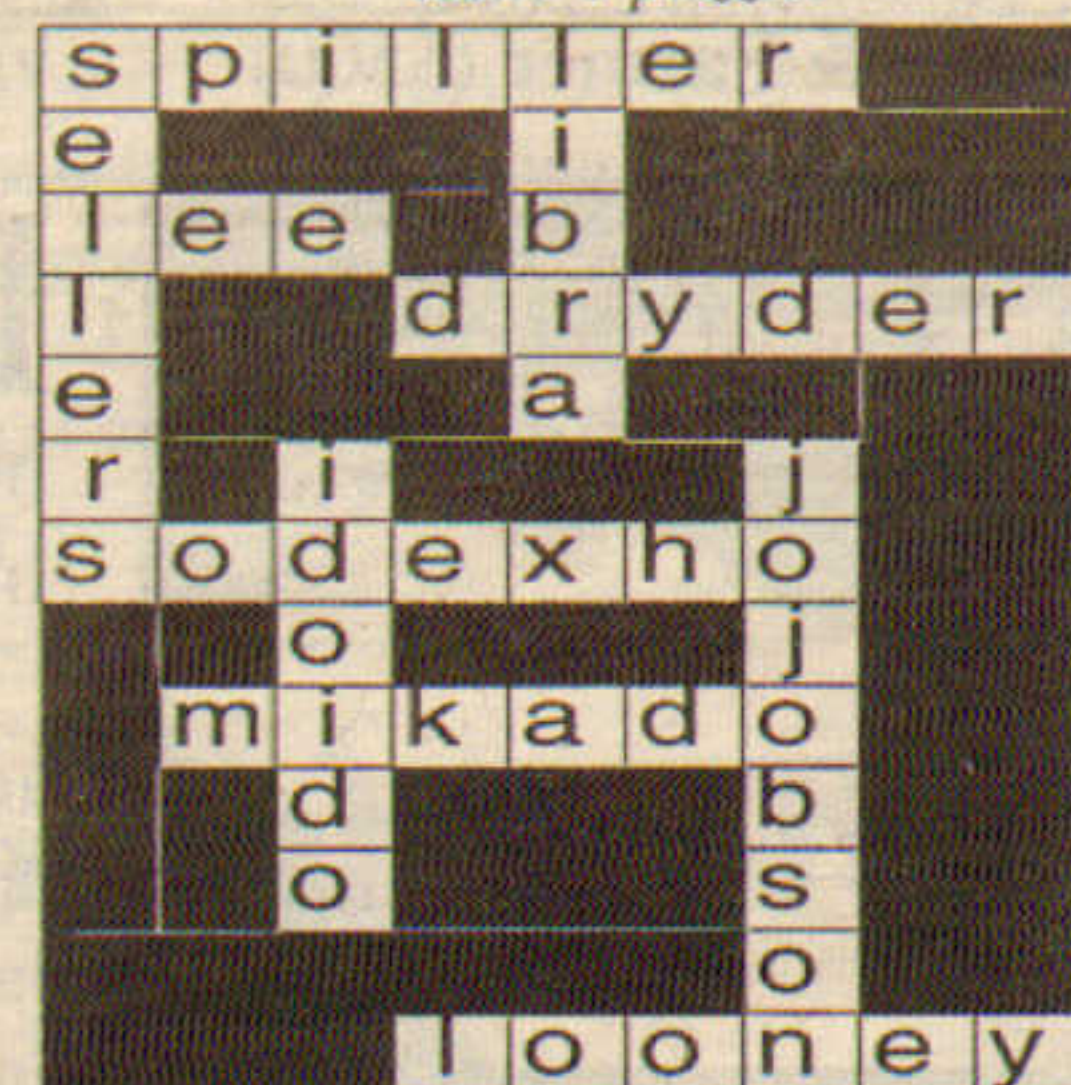
## Down

1. Courier front page reporter
2. Courier cartoonist
3. Spanish "Hard Dollar"
5. computer science instructor
6. Shelton neighboring community



Presented by the Sodexho Food Court  
off the Atrium at Shelton State,

Solution to last  
issue's puzzler



Congratulations to the  
winner of the first Sodexho  
Puzzler, Jeannine Collins.

Off-campus submissions are welcome!

## Review cont'd from pg. 9

wardly, but to see their internal growth as well.

What *The Apostle* accomplishes is allowing viewers to make their own decisions about spirituality and religion, while delivering its own clear messages about both. That is a direct credit to the writing and direction of Duvall. If you are interested

in seeing a film that is not only different, but uniquely special, go see *The Apostle*.

Rated PG-13 for thematic elements and a scene of related violence. Running time: 148 minutes.

## The Bell Poll:

How do students feel about the new food court opening up at Shelton?

Courier pollster Louis Bell surveyed 40 students to see how they felt about the new food court. Three questions were asked in the survey. First, students were asked how often would they eat at the food court per week. Most students said they would eat at the food court **twice per week (42%)**. Secondly, students were asked what their favorite food was. A large number of students stated that **chicken** was their favorite food (**45%**). Finally, students were asked what qualities would they like the food court to have. An amazingly large amount of students wanted the food court to have **fast service (58%)**. The reason given by students wanting fast service was so they could get to class on time.

## Number of times students plan to eat in the food court per week:

23%-one time per week  
42%-two times per week  
28%-three times per week  
7%- Never

## Favorite food

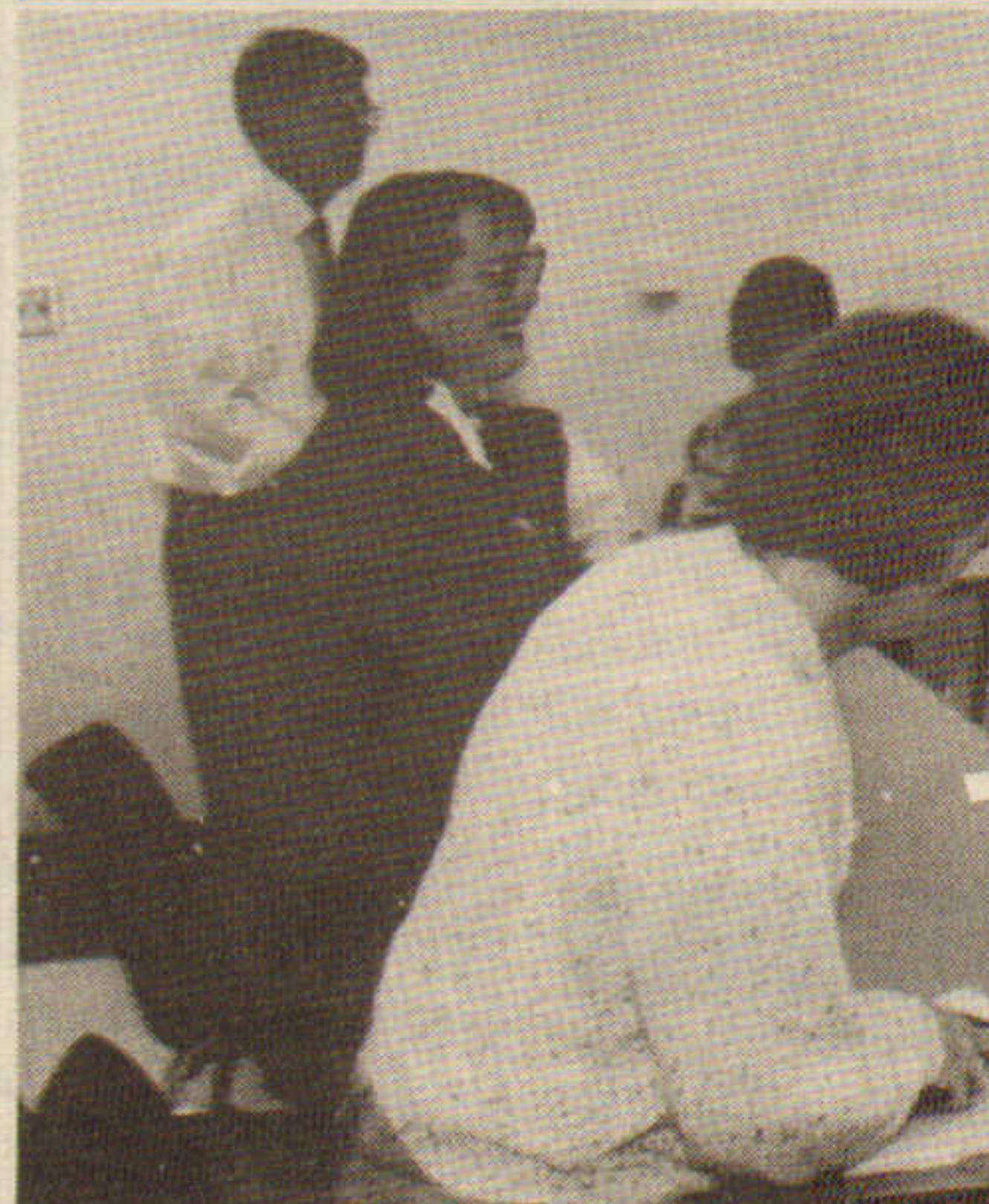
45%-Chicken  
13%-Steak  
10%-Salad  
8%-Pizza  
7%-Italian  
7%-Hamburgers  
5%-Chinese  
5%-Tacos

## Qualities students will be looking for in the food court:

58%-Fast service  
32%-Good food  
10%-Polite employees

By: Louis Bell

*Taco Bell  
Express  
and other  
outlets will be  
available soon...*



## Credit Hour Controversy

Sandra Ray of the State Board of Education takes a seat at a meeting of the faculty of Shelton State Feb. 17.

Ray was invited to hear the concerns the faculty had about the plans being made to change their individual course load on a semester basis.

The issue proved to be a complicated one dealing with the college's recent switch from the quarter to the semester system. Although a course load of six classes for two semesters would equate with a four-class load during three quarters, many felt that the weekly work load would be impossible. Ray said she would recommend keeping the course load at five classes per semester for the time being.



## BUSINESS BUC\$

Now that we're into a new year, how are your 1998 tax records looking? That's right, your 1998 tax records. Now's the time to not only start saving for holiday spending in December 1998 but to begin keeping good tax records for 1998.

Surely, if Pavlov's dogs can learn to respond to a bell, we can discipline ourselves to put our tax records at worst in a shoe box and at best on a computer data base. For myself, I have put my shoe boxes

to other eccentric uses due to my recent discovery of computer banking through my bank. I am sure all major banks have similar computer banking services. For my purposes, I can easily view the balances on my checking and savings accounts. It even allows me to view recent transactions on my checking account. If I am low on funds in my checking account, I can transfer funds from my credit card or savings account into my checking account. I can later transfer funds back after my payroll deposit.

But getting back to record

keeping, the system allows you to easily record each payment in a file with other earlier payments to the same company. You can also get even more fancy by exporting your data to other accounting packages. I presently use computer banking to pay all utilities and credit cards while occasionally transferring funds into an account I have with Fidelity Brokerage Services. However, there are

at present several limitations that I believe will disappear as computer banking evolves. For instance, I cannot view the balance of any accounts other than my checking and savings accounts. I

understand why there may be difficulty in viewing a Gayfer's balance and its respective recent transactions, but I don't understand why I can not view my credit card bill issued by my bank. If you have either insights or questions for me on computer banking, please give me a call.

Now for the trivia portion of our program. My last column asked for the derivation of the term "Dollar." I had several answers, two of which I thought were great.

However, the earliest and best response came from Mike Maring, a student at Shelton State. The word dollar comes from the old German

Daler or Taler, an abbreviation of joachimstaler, the name of a silver coin which was first struck in 1519 in what is now Germany. Later, a silver coin called peso duro (Hard dollar as known in English) was minted in Spain and widely used in the Spanish and English Colonies of the new world. The first dollars minted in the U.S. were issued by the Federal government in 1794.

My next trivia question has to do with a holiday that has just passed—one that you're lucky if you had to spend money in its honor.

Not who is St. Valentine, but HOW did St. Valentine become the patron saint of lovers? Now, now, watch your thoughts, the answer is not a blue one for this red-letter day. For those of you new to my contest, the earliest and most correct answer to my trivia contest wins a free meal at either the Fredd cafeteria or our new food service on the Martin campus. Please call my office at 391-2210 with your entry. The winner will also be entered into a drawing for a gift certificate at the Shelton State bookstore at the end of the semester. Please, one prize per person per semester. Prizes awarded come from my wallet. As always, when it comes to your money, consult your accountant and special other before betting the farm.

## Names cont'd from page 3

standing near a spot where the road crossed the railroad tracks noticed that the area reminded him of his homeland: in all its splendor, an England nestled in the middle of the woods. Hence the name Englewood was born."

These communities stayed small but became very closely associated. They centered themselves around two schools, Taylorville Elementary and Big Sandy Elementary, both located off the old historic road.

These school buildings had a humble beginning in a one-room schoolhouse that once stood on the home site of P.L. Spiller.

Lynn Spiller recalls, "Before my daddy built this house, the old school building stood right there next to the red oak tree. That tree was dedicated to the last teacher that taught there, a Mrs. Kate Hinton, who taught around 1900. The first teacher they had there was named Ed Norris. They later helped start the Taylorville Methodist Church."

The Taylorville Methodist Church, constructed in 1905, was the first church built in the area. On weekends the church would hold barbecues and host family reunions.

The church was also the site of weekly baseball games.

Jim Glass recalls, "The local white residents would split up into

teams by families and play all day on the field that used to be behind Taylorville Baptist. The black families would gather and play at the end of Crabtree Rd.

"Taylorville Elementary was used to hold fund-raisers to build barns and help families through hard times. The community always pulled together to help each other out."

The school was later converted into Taylorville Baptist Church and still serves as a valuable community resource.

As the area began to grow, business slowly began to trickle in. One of the first local businesses was called Gas Island. It was the only gas station between Tuscaloosa and Moundville and served as a local gathering spot.

Deloris Smith recalls, "On Sunday mornings the men used to gather before church and play dominos. It was the only gas station around before getting into Tuscaloosa and you could get bread and all the necessities there, and the gas was much cheaper than in town."

Eventually, the opportunities and pressures of modern life would seem to engulf the communities of Taylorville and Englewood, leaving really nothing more than names on signs. But isn't it wonderful to think that those were the names once uttered by our ancient ancestors—and by the likes of Davy Crockett.

## Project Hope attacks predator problem

By Tara Massengale

Project hope is a public service that focuses on college campuses and surrounding communities, providing programs dedicated to decreasing incidents of violence against women.

It specifically addresses issues such as dating and domestic violence and rape and includes a program for victims of sexual assault. With funds made available from the Violence Against Women Act and the University of Alabama along with Shelton State Community College, Project Hope has created programs which can help decrease incidence as well as educate everyone about violence against women.

Program coordinator Terri Boyer arranges programs and counselling services for victims of dating or domestic violence and sexual assault here at Shel-

ton State. She provides information to students and faculty about many issues like "what to say to someone who has been raped," how to spot controlling behavior characteristics, and rape prevention as well as free counseling and group sessions.

According to Boyer, violence against women is a serious problem in America, and Project Hope gives women an opportunity to leave their abusive relationships and prevent them from getting into abusive relationships in the future.

"So far we haven't gotten any referrals about students who have had these problems," says Boyer.

"We are just trying to let people know that we are here to help."

For more information about Project hope, Contact the Shelton State Counseling Center at 391-2964.

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